

A welcoming  
care centre with  
beautiful sea views



Grenham Bay Court  
Care Centre



Our mission is to  
bring hospitality, care,  
independence and support  
to our residents.

**Grenham Bay Care Ltd**  
Cliff Road, Birchington  
Kent, CT7 9JX.

01843 841 008

[info@grenhambay.co.uk](mailto:info@grenhambay.co.uk)



Grenham Bay Court

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**Grenham Bay Court is known for its homely, comfortable surroundings, in a warm and cheery, family atmosphere. Birchington-on-Sea boasts a wide selection of good shops and a library which residents may wish to visit. Shopping services are provided by Grenham Bay Court.**

We aim to enhance residents' quality of life whilst providing peace of mind in a safe and friendly environment.

The commitment of our team is to provide round-the-clock personal care, as well as, companionship with warmth and compassion. Our home places emphasises on the personal needs of each family member placed in our care to enhance their quality of life and daily experiences. By delivering a range of flexible support services, we will aim to ensure people with challenging needs are as independent as possible and connected to their local communities.

Through recovery-focused support, we encourage people with mental health needs to take control of their own lives as much as they can. By listening to our older residents and understanding what matters most to them, we ensure that we deliver exceptional residential care and support.

The comfort and safety of our clients is paramount. We ensure that their personal needs are met and they receive a constant level of good care, regardless of their health or disposition.



## Extensive Facilities

Comfortable and generous communal areas with a beautiful, homelike surroundings.

- 33 Rooms
- En-suite toilets.
- Refurbished bath & shower rooms
- Dining Rooms
- Television & Quiet Lounges
- Medical Room
- Hairdressing Room
- Spacious Garden



# Residents Rooms

Grenham Bay has 30 single rooms and 3 double rooms, each with their own character.

The majority of these rooms have garden access and their own en-suite shower & w/c.

People using our home are encouraged to personalise their rooms, if they wish, whether this be with their own furniture, or some family photographs.

Rooms are furnished to a high standard, with their own television.



Caring for a loved one can be very rewarding but sometimes you need a break. Grenham Bay Court provides a lovely and friendly home from home.



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## Dining

At Grenham Bay we endeavour to ensure that all mealtimes are a social occasion, where people can enjoy home-cooked foods suited to their individual needs. Friends and family are always encouraged to join us at mealtimes.

The home uses fresh, local ingredients that are prepared and cooked on site by our experienced chefs. There is always a selection of home-made cakes as well as healthy snacks.

Our menus change along with the seasons, as well as, for special festive days. The meals are regularly sampled by the residents, staff and families to ensure that the food we provide is nutritious, well presented and flavoursome.

We cater for all dietary requirements and monitor people individually to assess whether any further input from professional services is required, ensuring that all nutritional requirements are delivered.



## Professional Care

Our approach to care changes along with the needs of each client, helping them to feel safe, secure and part of the community offered at Grenham Bay

At Grenham Bay we are committed to making a difference. Our staff always aim to provide exceptional care and person-centered service for all our residents, whatever their individual needs..

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## Enjoying life to the full

Theme Days  
Residents Meetings  
Cinema Trips  
Concerts  
Snooker  
Table Tennis  
Bingo  
Card Games  
Entertainers  
Family Welcome

## Activities

At Grenham Bay we offer a diverse range of social and recreational activities on a day to day basis. We have a large activities team who organise a wide range of group activities, as well as, one to one personalised sessions.

Alongside this, we have many external entertainers and therapists visiting the home to make the day full, fun and enjoyable

Our focus and ethos is catered around occupational activity, ensuring that people are feeling engaged and interested, using the skills they have acquired through a life time of experience.

These methods and activities help to promote a person's identity and self-esteem.





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## Directions

**By Rail:** 9 min (0.5 mile)  
via Beach Ave and Cliff Rd  
Mostly flat

1. Walk east towards Station Approach
2. Sharp left onto Station Approach
3. Turn left onto Lyell Rd
4. Slight right onto Beach Ave
5. Turn left onto Dallinger Rd
6. Turn right onto Cliff Rd

**7. Grenham Bay Court will be on your left**

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